Creative Corner Week 6: Zentangle Submit to the library or online by August 13

Mus be 18+ to win

Zentangle is a creative, relaxing method to create artistic images by drawing structured patterns. Zentangle art is unplanned with no right or wrong ways, so you can focus on each stroke and not worry about the result. Learn more about Zentangle and its creators, Rick Roberts and Maria Thomas, at zentangle.com

Steps to create Zentangle art:

- 1. Gratitude and appreciation: take a moment to appreciate your materials, the opportunity to create, your breath, this moment in time.
- 2. Create your square: In making a Zentangle, you might typically make four dots on a 3.5 inch square of paper and connect the dots with lines (the lines don't need to be straight). We've provided two squares for you below. Feel free to create more on the back or on your own!
- 3. String: Inside the border, draw a light line or lines to make a "string". This separates your tile into sections in which you will draw your tangles.
- 4. Tangle: A tangle is a sequence of simple strokes that make a pattern. Draw your tangles inside the strings and borders. Draw with deliberate strokes, but don't worry about what it will look like. Just focus on each stroke as you make it. Feel free to rotate your art in and direction that's comfortable.
- 5. Shade: Add shades of gray with your pencil to bring contrast and dimension to your tile.
- 6. Initial: This is art you created; you should sign it!
- 7. Appreciate: Hold your tile at arm's length, turn it about, and appreciate what you just created.

Name:



